

About Us

We are dedicated to empowering athletes with cutting-edge data to tailor their training regimens for optimal performance and injury prevention. Our mission transcends beyond traditional training methods; we harness the power of analytics to craft a customized approach that aligns with each athlete's unique physicality and goals.

Our Approach to Injury Prevention

We recognize the impact of non-contact injuries on an athlete's career. That's why we've committed ourselves to providing pivotal insights that form the foundation of a personalized training program. Our objective is not just to enhance performance but to fortify athletes against the unpredictability of injuries.

Comprehensive Testing Packages

Our cutting-edge testing is at the core of our program, featuring:

- **Biomechanics Analysis:** Examine your movement to enhance efficiency.
- **Power Assessment:** Measure your strength and adapt power techniques for your sport.
- **Agility Evaluation:** Increase your reaction time and movement safety.
- **Running/Gait Mechanics:** Fine-tune your running for speed and minimal stress.
- **Body Composition Analysis:** Understand your body's composition for a targeted approach to training and nutrition.

Proactive Concussion Management

In our commitment to athlete safety, we offer a specialized Concussion Screening Package. This critical service features a pre-injury baseline assessment and post-injury follow-ups, providing invaluable data to safeguard your cognitive health.

Contact Us



Phone

609-451-5404



Email

erica@analyticsforathletes.com



Website

analyticsfortathletes.com



Address

338 Stokes Rd.
Medford NJ, 08055

Analytics for ATHLETES™

POWERED by **DAVIS** PTSR

INJURY RISK REDUCTION PROGRAM

#WEBUILDATHLETES

Packages

Injury Risk Reduction Baseline:

AMI + One Additional Test Baseline (\$150)
 AMI + Two Additional Tests Baseline (\$180)

- Quick Board Agility Rating
- Proteus Performance Testing
- Styku 3D Body Scan
- Running Assessment

* Additional \$30 Fee Per Extra Service

Concussion Screening:

SWAY App Concussion Screening (\$60)

Concussion Screening:

SWAY App Concussion Screening +
 AMI + Quickboard Agility Rating (\$200)

Styku 3D Scan:

- \$50 Per Scan (\$10 Off 1st Time User)
- \$135 for Pack of 3 (Save \$15)
- \$250 for Pack of 6 (Buy 5 Get 6th Free)

Proteus Training Sessions:

\$1 Per Minute –
 Recommend 30 Minute Session

We provide each service a la carte, or you have the option to customize a package tailored to your unique requirements.

Services

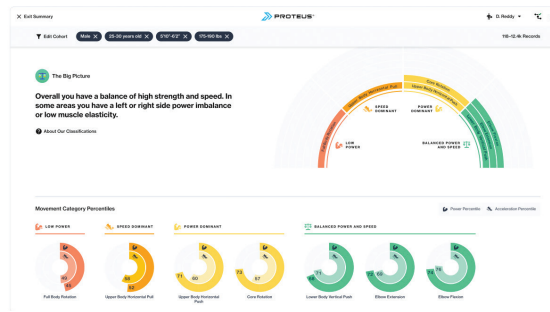
Styku 3D Body Scan Body Composition Analysis

See your body shape, track your progress over time, set attainable goals with the fat-loss calorie consumption feature with a fast and non-invasive scan.



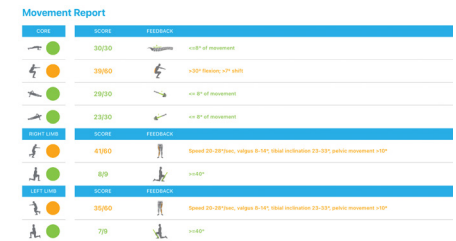
Proteus Power Assessment

Performance Testing provides insights and recommendations for training based on results. Measure power and compare imbalances between right and left.



DorsaVi Athletic Movement Index Biomechanics Analysis

Obtain a report of biometric data to track muscular imbalances and movement patterns. Receive immediate and object results that can be used to personalize your training goals and prevent injuries.



The Quickboard Agility Rating

Measure movement efficiency, reaction, proprioception/accuracy, symmetry and explosiveness.

METRIC	LEFT	RIGHT	DEFICIT
Contact time	0.152	0.169	[Color bar]
Reaction time	0.629	0.645	[Color bar]
Movement efficiency	23	24	[Color bar]
Symmetry	100%	98.0%	[Color bar]

Running Assessment Gait Analysis

Mechanics assessment including Ground Force Reaction, Initial Peak Acceleration and Ground Contact time.

Measurement	Absolute Symmetry Index	Left Leg	Right Leg	Average (L & R)
GRF Ground Reaction Force	6% left	1,640 N	1,547 N	1,594 N
IPA Initial Peak Acceleration	6% left	7.9 g	7.4 g	7.6 g
GCT Ground Contact Time	0% left	310 ms	310 ms	310 ms